

**Instructions for patients and their escorts  
following treatment under sedation**



Following your treatment under sedation you will be discharged home under the care of your escort. You should rest at home and reduce your activity for the rest of the day. You are likely to feel drowsy, disorientated and forgetful for the rest of the day as the effects of the sedation takes time to wear off. You may also experience some bruising of your arm or hand where the sedative was given.

It is very important that you observe the following instructions:

- + Your escort must take you home preferably by private car rather than by public transport and arrange for you to be looked after by a responsible adult for the remainder of the day.
- + You **MUST NOT** drive any vehicle, operate machinery or use any domestic appliance for 24 hours after sedation.
- + You **MUST NOT** drink any alcohol, return to work, make any important decisions or sign any legal documents for 24 hours after sedation.
- + You should take any medicines you have been prescribed at the usual times unless instructed to the contrary.
- + If you are worried or have any problems following your treatment please telephone the practice on 028 9047 1266. Outside normal surgery times, alternative contact telephone numbers will be given on the answer machine.

If you follow these instructions you should have a pleasant and uneventful recovery from your treatment under sedation.

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